



- 1. The Command (20:8)
- 2. The Details (20:9-10)
- 3. The Reason (20:11)



1. When is the Sabbath?

- 2. Why do we observe a Sunday Sabbath?
- 3. Is the Sabbath still binding?





Three Insights on the Sabbath:

- 1. Our Sabbath should include worship.
- 2. Our Sabbath should include rest.
- 3. Our Sabbath should include soul refreshing activities.

